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KNOCK-OUT BEAUTY:
SMALL CHANGES,
BIG IMPACT

FASHION CONFIDENCE:
YOUR ULTIMATE GUIDE TO SEXY

CHRISTY TURLINGTON
THE EVOLUTION OF AN AMERICAN BEAUTY

spring style

C-CUP OR BUST!
THE SCIENCE BEHIND THE NEW NON-SURGICAL BREAST ENLARGER

HOW FERTILE ARE YOU REALLY?

CALLING DR. MELFI:
CAN YOU GET TOO CLOSE TO YOUR SHRINK?



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BEAUTY NEWS

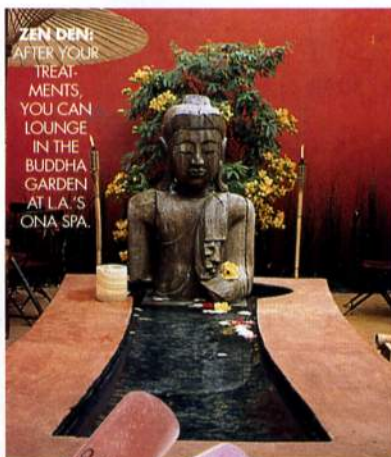
EDITED BY CARA KAGAN



BLEMISH BLASTER

This just in: The FDA has recently approved Tazorac, a prescription treatment for psoriasis, for clearing up acne. Double-blind studies involving 847 subjects with ten or more acne lesions showed that those treated with Tazorac had about 50 percent less acne in three months than those given the placebo. "Tazorac is the strongest retinoid out there," says Fredric Brandt, MD, a Miami dermatologist who's participating in the studies. "It's for people who have hit a plateau using Retin-A or Differin." Insider note: We've used Tazorac, and it really works—but be prepared for several weeks of serious skin-peeling.

FACE FORWARD: TAZORAC, A PRESCRIPTION CREAM FOR PSORIASIS, HAS RECENTLY BEEN APPROVED BY THE FDA FOR TREATING ACNE.



COLOR ME BLISSFUL

When the going gets tough, the tough get pampered. Destination and day spas report that business has been booming since September 11. The new Ona Spa, opened by hairstylist and Privé Salons owner Laurent D., is a Los Angeles haven where sybarites are flocking to experience his version of color sensory therapy, which is based on the idea that each hue possesses its own energy and can influence mood. Because blue is believed to be calming and healing, it's used in the Ona Blue Body Treatment, which incorporates tinted oils and masks, plus environmental sounds, such as babbling streams and chirping birds, while the client is polished and massaged with a Moroccan-blue-chamomile sugar scrub. See, getting the blues isn't always bad.

PUMPED UP

Skin-care buffs know collagen is the key to being wrinkle-free. Those turned off by the idea of injections might be interested to know that it is now sold in other forms. Toki (Japanese for "porcelain skin") Dietary Supplement Powder, a collagen-replacement mix containing active porcine (as in pig) collagen, calcium, and hyaluronic acids, can be mixed with any liquid, from water to a vodka cranberry. "Toki is delivered through the bloodstream to the fibroblasts in the dermis, triggering collagen production," says Toki's Jennifer Nissen, ND [naturopathic doctor]. Face Lift Collagen 5, a new line of six skin-care treatments, uses "designer pentapeptides," which are said to boost collagen.

COLLAGEN INJECTIONS: TOKI DIETARY SUPPLEMENT POWDER CLAIMS TO BOOST COLLAGEN PRODUCTION THROUGH THE BLOODSTREAM. FACE LIFT COLLAGEN 5 SKIN CARE IS SAID TO PLUMP DEEP WRINKLES.

But be warned: Not all collagen is created equal. "If any nutrient is delivered through the bloodstream, it's going to fibroblasts in every organ, not just those in the skin," says Edward Lack, MD, a Chicago dermatologic cosmetic surgeon. "Further, collagen is a protein, so it can help retain water when used in a moisturizer, but topically applying collagen can't stimulate more collagen."

L-O-L-A, LOLA

After years of hawking her eponymous cosmetics line on TV, makeup queen Victoria Jackson is going luxe with the launch of Lola, her new, upscale makeup brand. The line is all about sexy, vibrant color and great texture—the gloss is a nostalgic formulation. Lola's signature red packaging is one part hip, one part classic Hollywood, with a little French borbello thrown in for good measure. You won't find it on QVC, though—Lola will be sold in the Paris-inspired Lola Boutique on Robertson Boulevard, a main drag of shopping chic in Los Angeles, and through its Web site, www.lolacosmetics.com. Prices range from \$16 to \$35.



CLOCKWISE FROM TOP LEFT: PATRIC SHAW; ANDREW SHAFER; MARK PLATT